

East Coast and Gulf Region United States Seafood Availability Chart

SPECIES	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
COD												
HADDOCK												
POLLOCK												
FLOUNDER SOLE												
WHITING												
HAKE												
SEA BASS												
STRIPER												
MACKEREL												
CALICOS												
BAY SCALLOPS												
SEA SCALLOPS												
MUSSELS												
LOBSTERS												
SQUID												
OYSTERS												
GULF- SHRIMP												
ROCK SHRIMP												